Date 2023	Торіс	Presenter	Precis
Feb 12	What Theosophy isn't	Kirsty	
Mar 12	How Theosophy has helped me	Linda	
Apr 9	The tree of knowledge	Barry	
May 14	Transmuting knowledge into wisdom through relationships	Kirsty Morton	<ul> <li>Wisdom has been defined as an ability to make 'right' choices as the practical application of knowledge, and a well-known theosophical quote is "Theosophy is, as Theosophy does".</li> <li>'Right relations' is a key aspect of one journeying the spiritual path. Not only is such a person interested in seeking peaceful and harmonic relations with others, the search for right relationship with all things becomes the fundamental matrix of his or her thoughts and desires.</li> <li>Most would agree that it is our closest relationships and our responsibilities towards other beings, and as guardians of the planet we and others are using, which provide the most challenging and rewarding opportunities to practice being beyond selfish and transactional agendas.</li> <li>How can we use these opportunities?</li> </ul>
Jun 11	The Nature of the Mind and how to silence it.	John Vorstermans	The mind is very good at grabbing our attention in such a way that we have forgotten our true nature. It is said that to know oneself we have to learn to be aware of our thoughts without allowing them to distract us. There are many ways to still the mind, through meditation, mindfulness practice, yoga and so on. In this presentation we will look at some of the suggestions given us by Ayurveda, an ancient India health and well-being practice handed down from the

			ancient Vedas as still practised today.
Jul 9	Evolutionary Cosmic Time	Richard Sell	<ul> <li>Humans tend to view time and the cosmos from our limited personal perspective, living as we do, but 'three score years and ten'. The vast expanse of space and time appears to be a void that our minds have difficulty in grasping. As modern science pushes the boundaries of what we know about the reaches of the universe, theosophy puts forward thought provoking views on our place in the universe and what our distant past was like as our species evolves throughout the eons of time.</li> <li>This presentation is based on Madame Blavatsky's magnum opus, the Secret Doctrine and explores our evolutionary pathway on this planet and its place in our Solar System, from an esoteric perspective. We discuss Easter Island, the Bamyan buddhas, the nineth planet, the vastness of time and space, and the unfoldment of conscious as we proceed on this momentous journey.</li> </ul>
Aug 13	tbc	?Claire McGrail	
Aug 27	Julia 'The Work of the Group Soul in Life and the After-life: a scientific case study on Electronic Voice Production and Instrumental Trans communication'	Julia &Orest Tarnawsky	Julia – "The necessity of bringing groups of people into incarnation together, in order not only that they may work out mutual karmic interrelations, but also that they may learn to labour together towards one great end" Inner Life Vol II 378 CW Leadbeater 1911. In this account the following elements are significant: group resonance, the etheric double, the Seven Rays, deva collaboration, and plasma.

	Orest 'Synthesis in Healing'	Orest – There is coherence noticeable in five recently examined books that for me validate some key concepts relating to health. • Microbiome (Zach Bush)
		<ul> <li>Past lives</li> <li>Patterns of thought/feelings established in youth</li> <li>Entities</li> </ul>
		These concepts contribute as causative factors within CONSCIOUSNESS as underlying
		manifesting health conditions. For better or for worse! Crystalline formations created by "thought/feelings" hold information that limits free
		expression of life. They are a sound-form of dissonance restricting free flow of soul energy. These thoughts relate to "the Dweller on the Threshold"
		contrasting with the "Angel of the Presence". Their resolution will allow progression on
		the path of return.
Sep 10	tbc	
Oct 8	tbc	
Nov 12	AGM celebrate Awesomely Great Moments	
Dec 10	tbc	

Theo monthly public 'conversations' @Awa room

2<sup>nd</sup> Sunday 2pm